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Body Language For Dummies is your ideal guide to understanding other people, and helping them understand you. Body language is a critical component of good communication, and often conveys a bigger message than the words you say.

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A highly entertaining speaker, Elizabeth is a popular choice on the conference circuit, and is often quoted in the media addressing issues concerning confidence, voice, body language,

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and communication skills—all the ingredients that create a positive impact. For further information about Elizabeth, visit her Web site at www.

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For example: Short, sharp, jerky gestures imply tension and aggression. Fluid, open, slow gestures suggest receptiveness and affability. Fiddling fingers denote fretfulness. Fingers held in the steeple position at waist level in front of the body indicate

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power, influence, and authority.

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Kate Middleton has been part of the Royal Family for nearly 10 years. During this time, she has apparently formed a close relationship with Queen Elizabeth II, 94. Kate as been married to Prince ...

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